



## 2017-2018 Basketball & Cheer Parent Information

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It is the mission of this program to offer Christ centered character building, self-esteem, skill enhancing instruction, and spiritual nurturing to children and families of our church and community. As a sports program we will always strive to increase skill development, game strategy, game rules, and enjoyment of sports. It is our hope that sports can be “Christ-like and Competitive” with an emphasis on doing one’s best while respecting the coaches, officials, and opponents. We as parents have a difficult job that offers great rewards. We must provide a safe, fun environment for our children to exercise and develop physical skills that will lead to a healthy and fulfilling lifestyle. We must encourage them positively with love and always remember that the most important thing to them is to have **FUN**.

We are a Developmental League which has certain rules that demand that our focus is not on winning games. Our program is designed to teach sports in a safe way in which each child is given an opportunity to learn skills, increase their knowledge of the game, gain self-confidence and enjoy being part of a team. Each coach is required to focus attention on all players.

League “Player Game Rotations” are put in place to make sure all players play an equal amount of time, start and finish games and receive an equal amount of time and attention from the coach. This means that coaches are restricted from adjusting the league required Player Game Rotation. There may be a game where normally when behind in score, a coach could put all of the better skilled players in to increase their chance to win. But because of the rotation rule, it is not their turn to finish the game. This can be hard for some players and parents to understand but this is the nature of CSports.

On certain occasions when the score of a game becomes lopsided, we implement a “Grace Rule” that requires the team in the lead to ease up, back their defense up to let the opposing team have the opportunity to run their offense. Winning is good but our purpose is to DEVELOP all players. Another example may be requiring a coach to adjust their game strategy to use the “Grace Rule” during a mismatch of talent by asking the team to pass the ball 5 times before shooting. Sometimes it may include asking teams that are in the lead to instruct the one player who has scored many points to not shoot again. This is what is called a developmental league. If a player is told not to shoot again and they do they may be benched by their coach. This means that C-Sport’s is not for everyone. Some parents and players would enjoy a more aggressive league where the main focus is winning as many games as possible. We understand. Remember that CSports promotes a positive environment. We do not permit parent to speak harshly to their own children, other children or other parents. We do not permit arguing with coaches or officials. Coaches must never use negative comments to players, other coaches or officials. Please keep this in mind if you invite a guest to our campus and make sure they know our rules. We want our players to hear only cheers and see lots of smiles.

**League Positive Affirmation Rules:** This program is built by the hard work of many people who are volunteering their time. Coaches, assistant coaches, team parents, referees and other volunteers are what make this league possible. These people work hard to insure that all of the children who participate will experience God’s love, peace and understanding. Please thank them every chance you get. Please review our “campus rules” and instruct visitors you bring.

1. Always speak positively toward your child and/or any other player.
2. Always speak positively toward an adult (coach, volunteer or another parent).
3. Please direct any complaints regarding a call made by an official to Steve Ellisor at [steve@christumcmobile.com](mailto:steve@christumcmobile.com) or call 706-3326 and not to the official.
4. Please react in an appropriate manner regardless of your child’s performance or team’s performance.

These rules are in place to insure that our focus is on “what is best for our children”. Children want to have fun and play the game. If you witness someone that you feel is not aware of these rules please bring it to our attention.

## LEAGUE INFORMATION

**Registration Fee:** \$90.00. After 10/13/17: \$100.00. Participants will receive a complete new uniform. If your child will be using last year's uniform, you will receive a discount (see below). ALL players receive a new tshirt regardless of whether or not they are using last year's uniform.

Discounts for using last year's uniform:

- Basketball - \$10 off for the jersey and \$5 off for the shorts (your child will receive a new t-shirt regardless).
- Cheer - \$10 off for cheer skort, \$5 off for pom-poms.
  - FYI: Cheer tops from years past have been discontinued by the manufacturer.

**Age of participants:**

CSports follows the MCPSS School age requirements – Player's league will be determined based on their birthdates according below.

- **Basketball:** The youngest player in this league must be age 5 by September 1, 2017 - no older than current 6th grade.
- **Cheer:** The youngest participant in this league must be age 5 by September 1, 2017 – no older than current 5<sup>th</sup> grade.

**Evaluations for Basketball players (there are no evaluations for cheerleaders):** Evaluations are held in the Christ Center. Children should wear non-marking sole tennis shoes. Parents need to come 5 minutes early to pick up registration form at the check in desk. Please check registration form. Any corrections should be addressed at this point. Once you have the registration form, go into the gym to the first skill station available. Take the form to each evaluation coach so they can write in the score for the particular skill. Make sure your child has visited all skill stations. Once you are finished, please leave the form at the recreation desk. **BASKETBALL PLAYERS MUST ATTEND EVALUATIONS, regardless of previous participation.**

### EVALUATION SCHEDULE

MONDAY Oct. 16 <sup>th</sup>		TUESDAY Oct. 17 <sup>th</sup>	
<b>6:00pm</b>	K5 GIRLS	<b>6:00pm</b>	1 <sup>st</sup> /2 <sup>nd</sup> grade GIRLS
<b>6:20pm</b>	K5 BOYS	<b>6:20pm</b>	1 <sup>st</sup> grade BOYS
<b>6:40pm</b>	3 <sup>rd</sup> /4 <sup>th</sup> grade GIRLS	<b>6:40pm</b>	2 <sup>nd</sup> grade BOYS
<b>7:00pm</b>	3 <sup>rd</sup> grade BOYS	<b>7:00pm</b>	5 <sup>th</sup> /6 <sup>th</sup> grade GIRLS
<b>7:20pm</b>	4 <sup>th</sup> grade BOYS	<b>7:20pm</b>	5 <sup>th</sup> /6 <sup>th</sup> grade BOYS

**Basketball Parent Conference:** All 1<sup>st</sup> Time Parents Must Attend Parent Conference. The Parent Conference is held *during* the evaluation times just before your child is evaluated.

**League Practices:** Practices begin the week of **October 30<sup>th</sup>, 2017.**

Cheer PRACTICE Schedule	
Cheer – All age groups	Tuesdays 5:30pm or 6:30pm ( <i>squad leader</i> choice)
Basketball PRACTICE Schedule	
K5 (Co-ed)	Mondays 5:30pm
1 <sup>st</sup> /2 <sup>nd</sup> grade (Co-ed)	Thursdays 5:30pm or 6:30pm ( <i>coach</i> choice)
3 <sup>rd</sup> /4 <sup>th</sup> grade (separate leagues)	Tuesdays 5:30pm or 6:30pm ( <i>coach</i> choice)
5 <sup>th</sup> /6 <sup>th</sup> grade (separate leagues)	Mondays, Tuesdays or Thursdays (6:30pm or 7:30pm - <i>coach</i> choice)

**Uniforms:** Sizing uniforms will be available when you register. It is highly recommended you bring your child to try on uniforms. **Parents will be charged for an additional uniform fee plus shipping & handling for any uniform that has to be reordered due to incorrect sizes.**

**Equipment:** Each basketball player will need to purchase: a pair of basketball shoes (non-marking soles, with ankle support, NO RUNNING SHOES) and white socks for games. Cheer participants need to purchase a white turtleneck long sleeve shirt, white socks, and white tennis shoes.

**Cheer Parent Conference & Participant Uniform fitting:** will be in the Hospitality room Tuesday, October 24<sup>th</sup>, 2017, at 6:00pm. **All parents must attend Parent conference and all cheerleaders MUST attend uniform fitting.**

**Coaches & Team Parent Volunteers:** All coaches need to complete the CSports Volunteer form aka “yellow form”, a background check permission form, and the Safe Sanctuaries Covenant and Application prior to the Coaches Meeting and Roster handout. These forms are located at the rec desk.

**All coaches need to attend the following meetings:**

1. **Basketball Evaluations** - Evaluation Training Meetings are at 5:30pm on Evaluation nights- **Monday, October 16<sup>th</sup> & Tuesday October 17<sup>th</sup>**. Evals will follow at 6pm.
2. **Basketball Coaches Meeting & Roster handout** – **Thursday, Oct. 26<sup>th</sup>, 2017 at 6:00pm.**
3. **Cheer Coaches Training Meeting** (cheer squad coaches only) – Tuesday, **Oct. 10<sup>th</sup>, 2017.**
4. **Celebration:** We will have an end of the season celebration in the Christ Center Gym on **Sunday, January 21<sup>st</sup>, 2017 at 3:00 p.m.** Coaches and other volunteers will be recognized and players will receive an individual trophy. Our media department will put together a video of the kids that will be shown then as well. All players should wear the t-shirt and/or jersey and sit with their team in the designated seats.

**Forming Teams/Cheer squads:** Assignment of players to teams will be done by the CSports Coordinator based on abilities of players as determined by an evaluation process of skills. Most children in the same grade will have the same practice night and time. **Parents are discouraged from requesting teammates (for car pool purposes) or coaches.** We do this so all teams have beginner, seasoned and advanced players, so that the teams will be balanced. Cheerleaders do not have evaluations; squads will be assigned by grade level.

**NOVEMBER 4<sup>th</sup>, 2017, 10am-11am** – **FREE Basketball Clinic by South Alabama Jags men’s basketball team.**  
**All players & coaches are strongly encouraged to attend.**

**Games:** Games begin Saturday, **November 18<sup>th</sup>, 2017.** All games will be played in the Christ Center. Depending on the number of registrations and number of teams, there can be Friday night games and Saturday games. Team game schedules will be handed out during team pictures day. Also Game schedules will be available to view and download on our Recreation Ministry website: [www.christumcsports.com](http://www.christumcsports.com).

During games basketball players will be expected to be on the bench if they are not on the court & cheerleaders will be expected to be with their squad. It’s distracting and difficult to keep up with them if they are running to their parents at will. This will allow coaches to make sure everyone is accounted for and in their proper place. Please encourage your child to follow this rule.

Have your child at the game at least 15 minutes early. They should be with their squad and in the tunnel ready to line up 10 minutes before game time.

**Team Pictures:** Pictures will be taken **November 11<sup>th</sup>, 2017.** You will be notified of picture times the week prior to pictures & you will be given a photo order form at practice. These picture order forms **MUST BE COMPLETED** and player must have in hand at the time of the photo. **Due to the tight schedule of photos for several teams and individuals, please do not wait until the last minute to complete this form.** All players need to be at Heartwarming Café area 20 min earlier before picture time to get in uniform with shirts tucked in shorts. Only the coach or team parent may pick up uniforms to distribute to players from the rec desk.

**Celebration:** We will have an end of the season celebration in the Christ Center Gym on **Sunday, January 21<sup>st</sup>,**

2017 at 3:00 p.m. Coaches and other volunteers will be recognized and players will receive an individual trophy. Our media department will put together a video of the kids that will be shown then as well. All players should wear the t-shirt and/or jersey and sit with their team in the designated seats.

**Parents** are expected to be present at all practices and games. You must bring your child to the coach and you may not drop them off in the parking lot and leave. If you must leave campus, you must give your coach your cell phone # and return 10 minutes before practice ends. Parents will be put to work if they are willing! Parents are not allowed on the court for games. There must be an adult in the bench area at all times for those children waiting their turn on the court.

Dear Parents,

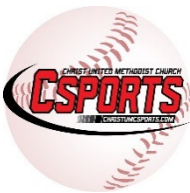
**You are the key to your child's development and enjoyment. Work with them at home. They can practice dribbling, passing & shooting (if you have a goal) to work on the mechanics of the skill itself. Be encouraging!! You are their best cheerleader!!**

**Thank you again for allowing Christ United Methodist the opportunity to work with your children. We take this responsibility very seriously and will do all that we can to meet the goals I detailed at the beginning of this letter. Please call us if there is anything you need or that we can do. We welcome both compliments and criticism (constructive, of course!) – If you see something that CUMC can do better, please speak up!**

May God Bless You & Your Family,  
Rose Farnell,  
Christ United Methodist Church CSports Coordinator  
Recreation Desk - 706-3326  
[www.christumcsports.com](http://www.christumcsports.com)

**“In all thy ways acknowledge Him and He shall direct thy paths.” Prov. 3:6**

## UPCOMING CSPORTS REGISTRATIONS



Tball, Coach Pitch Baseball & Softball. For ages 3 by March 1, 2018 through 4th grade for boys, 6th grade for girls. Registration begins mid-DECEMBER. Required evaluations are in Feb. Season begins late February & ends in May. Games are on Saturdays. Fee \$80.



For 6th, 7th & 8th graders. Registration begins NOVEMBER 14th. Required evaluations January. 20th. Season Begins in February and ends late March. Practices are on Tuesdays, games are on Thursdays. Season includes clinic opportunities by college and high school coaches & teams. Fee \$75.

## OCTOBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
15	16 Basketball Eval/Parent Conf.	17 Basketball Eval/Parent Conf.	18	19	20	21
22	23	24 Cheer Orientation/Parent Conf.YRC	25	26 Basketball Coaches Meeting	27	28
29	30 Basketball Practice #1	31 HALLOWEEN NO practices- moves to Friday				

## NOVEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Basketball Practice YRC Practice	3 Basketball Practice (extra) Cheer Practice (moved from Tuesday due to Halloween)	4
5 Daylight Saving Time	6 Basketball Practice #2	7 Basketball Practice Cheer Practice	8	9 Basketball Practice	10 Basketball Practice (extra)	11 Basketball Pictures
12	13 Basketball Practice #3	14 Basketball Practice Cheer Practice	15	16 Basketball Practice	17	18 Basketball Games #1
19	20 Basketball Practice #4	21 Basketball Practice Cheer Practice	22	23 THANKSGIVING CLOSED	24 CLOSED	25 NO GAMES
26	27 Basketball Practice #5	28 Basketball Practice Cheer Practice	29	30 Basketball Practice		

**DECEMBER**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Basketball Games #2
3	4 Basketball Practice #6	5 Basketball Practice Cheer Practice	6	7 Basketball Practice	8	9 Basketball Games #3
10	11 Basketball Practice #7	12 Basketball Practice Cheer Practice	13	14 Basketball Practice	15	16 Basketball Games #4
17	18 NO PRACTICE	19 NO PRACTICE	20	21 NO PRACTICE	22	23 NO GAMES
24 CHRISTMAS EVE	25 CHRISTMAS DAY - CLOSED	26 CLOSED	27 CLOSED	28 NO PRACTICE	29	30 NO GAMES
31 NEW YEAR'S Eve						

**JANUARY**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NEW YEAR'S DAY-CLOSED Mon moves to Fri.	2 Basketball Practice #8 Cheer Practice	3 Basketball Practice	4 Basketball Practice	5 Basketball Practice (Monday's)	6 Basketball GAMES #5
7	8 Basketball Practice #9	9 Basketball Practice Cheer Practice	10	11 Basketball Practice	12	13 Basketball GAMES #6
14	15 Basketball Practice #10	16 Basketball Practice Cheer Practice	17	18 Basketball Practice	19 678 Volleyball Evaluations & Parent Conf.	20 Basketball GAMES #7
21  BASKETBALL CELEBRATION	22 Basketball Practice #11	23 Basketball Practice Cheer Practice	24	25 Basketball Practice	26 678 Volleyball Coaches Meeting & Roster handout	27 Basketball GAMES #8