



GUIDELINES

- 1.** Guidelines and schedules are subject to change. Announcements will be posted at the Recreation desk.
- 2.** The Recreational Facilities are available to the CUMC family which includes members and regular attendees of Christ United Methodist Church and to guests at designated times. Guests of CUMC family may come with them during normal hours.
- 3.** Anyone using the recreation facilities must have completed a registration form which will remain on file at the Recreation counter.
- 4.** Each participant must sign in at the desk upon arrival each visit.
- 5.** CHILDREN UNDER THE AGE OF 14 YEARS OLD MUST BE ACCOMPANIED BY AN ADULT. Recreation staff and volunteers may not assume responsibility for the supervision of children.
- 6.** Proper attire must be worn at all times. Shirts must be worn at all times. Shirts must cover the mid section of your body. Shirts must be worn over sport tops. Shirts or tank tops that show ribs or are otherwise open or low cut are not appropriate. Apparel with inappropriate messages or advertisements (bars, alcohol, tobacco, drugs, etc.) is not acceptable.
- 7.** Participants must complete the Fitness Room Orientation prior to using equipment in the Fitness Room.
- 8.** Appropriate behavior is expected at all times. Be courteous to fellow participants. Rotate use of equipment or courts so that everyone can benefit. Polite language and temper control are important for the effectiveness of the Recreation Ministry.